



## Keep On Going!

Here's a little advice I've picked up in the past 7 weeks about keeping busy. As we all know we are missing family and friends, after school activities, and much much more. So in relation to that I have some solutions to fix your problems in these very difficult times.

### **Staying connected is very important.**

Download the app called 'Zoom'. It is a video calling app. I use it for my Irish dancing and it is really easy to use.. You can have as many people as you wish on the call and it's FREE! It is a great way to keep in touch with your family and friends especially if you are most vulnerable to the virus and have to cocoon.

### **Keeping active**

Go for a daily walk, run, jog or crawl. If you would like some company, you can even bring your family! It is a great way to get everyone in the household out and about and especially with the lovely sunshine we have had the past few weeks.

You could also tune into some fitness sessions like P.E with Joe Wicks which is live on Youtube from Monday-Friday at 9am or some hurling and camogie skills and some exercises too with Kilkenny hurler T.J Reid which is live on facebook at 12pm every Tuesday and Thursday. Both sessions are free.

### **Keeping your brain busy**

Putting your baking skills to the test is a good and fun way to keep entertained. You can make something new or just stick to the traditional brown bread.

Another thing you could do is some gardening. It is simple, easy and all you need to buy is some seeds, the rest of the stuff you need is probably in your backyard!

### **Pick up a new hobby**

It could be an instrument, a sport or whatever you wish. I picked up two new hobbies, which are farming and piano. My favourite animal is a sheep so I decided to help my sister's godfather with some farming. So when he is gone to check his other sheep/cattle down the road, I feed the lambs with Dad. I love doing it and it gets me out of the house.

I hope my suggestions help you to keep busy and active and most importantly make the most of the time off!

*Eva Larkin*





## Gráinne's Green Designs

Everyday when we are out walking we pass the school, I noticed the flowers in the window boxes had all withered. We are sowing our garden at home so I asked

Mom and Dad could I do something with the window boxes to make them look better.

Dad got some flowers and we collected the window boxes with our wheelbarrow and brought them home. We cleaned the boxes, cut back the daffodils, filled them with compost and planted new flowers. We brought them back down to school, watered them and put them back up on the window sills, hopefully the new plants will grow and flower and we will check them everyday.

We really enjoyed replanting the boxes and I even got a spin in the wheelbarrow!!  
*Gráinne Duffy.*



## Make your own Garden Stones

### Ingredients:

- 1 cup flour
- 1 cup salt
- 1/2 cup water
- Bowls & spoon

*Leah Power*

### Method:

1. Mix salt and flour in a large bowl
2. Make a well and add the water
3. Knead until smooth and make a ball
4. Roll flat and cut out circles with bowl or cookie cutter
5. Air dry or dry in oven at 100 degrees until dry
6. To hang them from a tree remember to add a hole for ribbon with a pen
7. Varnish when complete if keeping outside
8. For extra fun, add food colouring into the dough or paint your creations



# My Sisters Birthday

Tuesday the 28th of April was my sister Ella's birthday.

Mam and I had be getting ready all day on Monday and it was 11pm before I went up to bed as we had to decorate her cake and didn't want her to see.

Ella loves unicorns and really wanted an unicorn birthday cake so we attempted it!! We also made buns, chocolate biscuit cake and rocky road!! Dad did a bbq and the food was delicious.

When Ella got up she was so surprised. She ran straight over to her presents and started to open them. All her friends at school wished her a happy birthday on their Whatsapp group, Ella was so shy listening to them all, it was very cute.

Ella had a brilliant birthday so don't let anything get in your way when you want to have a happy birthday!!



## Walking with a surprise!

During quarantine myself and my mam have been going on walks through our field almost every evening. Sometimes I like to bring my bike as well!

Oreo (my pony) follows us down the field most of the time. It was quite funny the first time because we didn't even realise until we heard him galloping down beside us! He still kept his 2 metres social distance don't worry and he managed to follow us down and back home!

The walking and cycling is great fun and I enjoy the fresh air rather than being stuck inside every day in the nice weather.

*Aoife Larkin*

## BucketBall

While in lock down I have been outside a lot enjoying the nice weather so I decided to play some games. My favorite one is BucketBall and it is quite simple but I put it in a twist.

The original game was to have 12 buckets, 6 on each side and to put them in front of you. Next you have to throw your tennis ball into the opposite bucket. If you get one in, the bucket will be removed and the first person with all their buckets gone is the winner!

Well, one of the main reasons we put on a twist as you can probably guess is that we don't have enough buckets! So, I decided to put 2 buckets on each side but instead to make it harder since there were less buckets now to use basketballs and if the basketball landed in the bucket it would not count if the bucket fell over. Myself and my sister played 3 rounds and I won. This game was a lot of fun and I really enjoyed it.

*Amy Dunne*



# Our New Baby

On the 26th of April Mammy had a baby boy. We named him Martin after my great grand uncle Martin who died last year. On the 23rd Mammy was sent into hospital and me and Sean went to Nana's.

Mammy was due her baby on the 25th. Mammy was in hospital for over a week and we weren't allowed to go visit her but dad could only go to the door. It was at 12 o'clock at night when Mam was told she had to have an emergency section. At 3 a.m Mam had a baby boy.

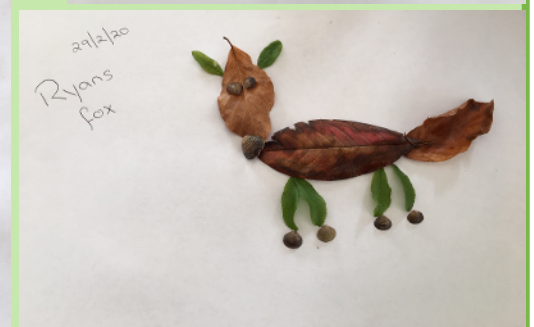
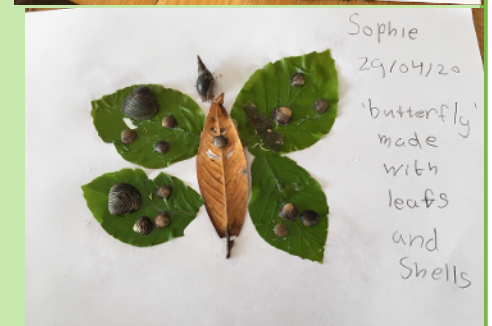
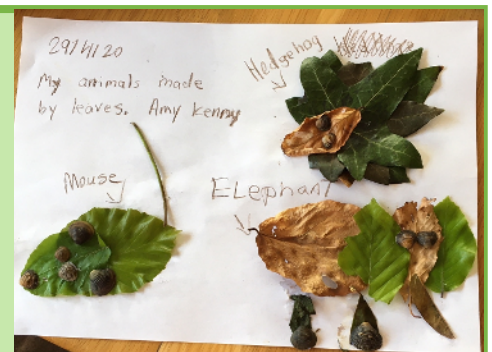
She was in hospital 3 days after she had her baby. When she came home on Tuesday we were all very happy to see her. Baby Martin was so quiet when he came home. We had dinner at Nana's and then we went home.

Every night I have to stay downstairs with mam because she had to get stitches so she can't do anything. Baby Martin sleeps alot and hates getting changed. We have a bottle machine that makes the bottle for you so it's very easy to make. I'm happy I'm in quarantine because I can help Mam more. *Abbey Gilligan*

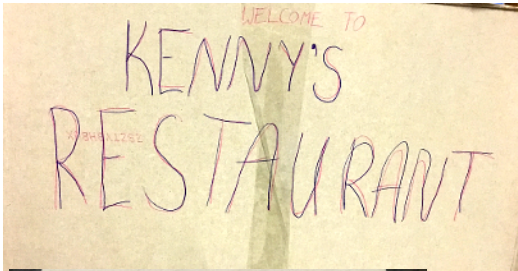


Since lockdown I've started weightlifting. I do it every morning after I finish my schoolwork. Hopefully by the end of the summer I'll have muscles. *Rhian Power*

Amy, Sophie, Ryan and Ella Kenny made animal figures out of leaves and shells from the Shannon.

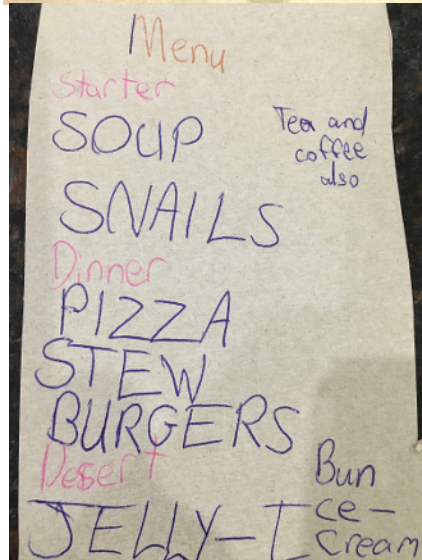
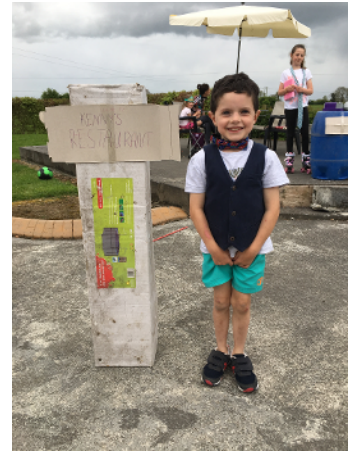


# Eyrecourts economy booming as new cafes open.....



This week for Aistear with the senior infants, Ms McGrath suggested 'The Restaurant'.

Ryan and his sisters designed their own restaurant outside in their garden and came up with an authentic menu!! Their sister Ella, mum and dad were dining, while Ryan was the manager of course, Sophie was the waitress and Amy was the head chef!!



They all had a lot of fun playing role playing and their restaurant is now open for business.... social distance mandatory of course!



## CAFE EYRE

Owned by  
Isabella & Noah Larkin

